



HOLFORD POOL

2322 Homestead Pl., Garland, TX 75044 | 972-205-2776 | Aquatics@garlandtx.gov

Open May 25 - 27

OPEN DAILY JUNE 1 - AUGUST 11

HOURS

M 2:00 - 5:00 p.m.

Tu, W, Th, F 1:00 - 5:00 p.m.

Sa, Su 1:00 - 6:00 p.m.

PRICES

5 Yrs and older\$2

4 Yrs and underFree

RENTALS

- 25 Meter Pool
- Zero Entry Ramp

Saturday 6:30 - 8:30 p.m.

Sunday 6:30 - 8:30 p.m.

\$200 per 2 hours

Up to 200 guests

Swim Lesson

descriptions

STARFISH

Age: 9Mos - 3

A familiar face, touch, and praise play a vital role in introducing babies to water adjustment, breath control, and enhancement of early developmental skills. Safety skills are an important part of this class. One parent per child required to participate in the water. Each class consists of 20 minutes in the water and 5 minutes dressing time before and after water time.

CLOWNFISH

Age: 3 - 4

Play is the way little ones learn! This instruction lays the groundwork for introductory swim skills through songs, games, and toys that teach water adjustment, and beginning stroke movement. Learning basic water safety is an important part of this class.

STINGRAYS

Age: 5 - 8

Cool rays of summer! Attentive instruction guides students through fundamental swim elements. Lessons include controlled rhythmic breathing, floating, basic strokes such as front crawl, backstroke, elementary backstroke, and essential safety skills while progressing at each student's own pace. Instruction encourages confidence in the water and a solid foundation for further stroke development.

SHARKS

Age: 9 - 15

Jaws will drop! Instruction includes beginning through advanced skills. Beginners develop rhythmic breathing, learn safety skills, and receive instruction on basic strokes. Students advance at their own pace through strokes such as front crawl, backstroke, elementary backstroke, breaststroke, butterfly, and sidestroke while increasing endurance.

ADAPTIVE

Age: 6 - 15

Splash into success! This class is designed for children with disabilities. Learn water safety and swimming techniques in a safe, self-paced environment. Instruction is given in a one-on-one class enabling the student to learn more efficiently. Please call 972-205-2708 to register.

ADULT

Age: 16 and up

It's never too late to learn! Instruction focuses on your personal swimming goals. Choose fundamental techniques such as breath control, floating, treading, and improving your favorite stroke. Work at your own pace, improve swim skills, and gain water confidence.



Swim Lesson

reminders

- * A signed waiver is required before participants are allowed in the water.
- * All participants are required to wear proper swim attire. Athletic wear is strictly prohibited.
- * Only participants and staff are allowed inside pool gates.
- * A parent is required to attend the first day of class for important class details.
- * Register by age. Swimmers progress through a 10 station instruction program at their own pace.
- * An additional \$4 fee will be assessed for registration completed after midnight on the Thursday before the session begins. Availability is not guaranteed.
- * Registration may be completed over the phone, in person at any Garland recreation center, or online at PlayGarland.com. Pools are unable to accept any registrations.
- * When registering online, print a receipt and bring it to the first class.
- * Classes meet Monday through Thursday for two weeks. If there is a class cancellation by the Aquatics staff, a make-up time will be designated by the pool supervisor.
- * Class size is limited. Early registration will help you secure your preferred class time.
- * A parent information packet is available upon registration. The packet contains class guidelines and procedures. The packet can be downloaded at SwimGarland.com.

Swim Stations

Station 1: Water Adaptation

Station 2: Float and Glide

Station 3: Kicking Skills/Beginner Stroke

Station 4: Rollover/Front Crawl

Station 5: Front Crawl/Elementary Backstroke/Tread

Station 6: Backstroke

Station 7: Breaststroke/Endurance

Station 8: Sidestroke

Station 9: Butterfly

Station 10: Endurance Swim All Strokes

Swim Team

Advance from the Garland Swim Program to the Garland Gators Swim Team. Bring your own towel, goggles, and swim cap. Purchase a team suit after the required parent meeting.

Age: 6 - 10

Swimmer must be able to swim 25 yards of Front Crawl.

M-Th	7:20 - 8:10 a.m.	6/10 - 7/31	\$125	11746
------	------------------	-------------	-------	-------

Age: 11 - 16

Swimmer must be able to swim 50 yards of Front Crawl.

M-Th	6:20 - 7:10 a.m.	6/10 - 7/31	\$125	11745
------	------------------	-------------	-------	-------

Starfish

Age: 9Mos - 3

M-Th	5:30 - 6:00 p.m.	6/24 - 7/3	\$43	11711
M-Th	5:30 - 6:00 p.m.	7/22 - 8/1	\$50	11712

Clownfish

Age: 3 - 4

M-Th	11:50 a.m. - 12:20 p.m.	6/10 - 6/20	\$50	11931
M-Th	5:30 - 6:00 p.m.	6/10 - 6/20	\$50	11934
M-Th	11:50 a.m. - 12:20 p.m.	6/24 - 7/3	\$43	11952
M-Th	5:30 - 6:00 p.m.	6/24 - 7/3	\$43	11954
M-Th	11:50 a.m. - 12:20 p.m.	7/8 - 7/18	\$50	11973
M-Th	5:30 - 6:00 p.m.	7/8 - 7/18	\$50	11976
M-Th	11:50 a.m. - 12:20 p.m.	7/22 - 8/1	\$50	11994
M-Th	5:30 - 6:00 p.m.	7/22 - 8/1	\$50	11996

Stingrays

Age: 5 - 8

M-Th	8:30 - 9:10 a.m.	6/10 - 6/20	\$50	11713
M-Th	9:20 - 10:00 a.m.	6/10 - 6/20	\$50	11714
M-Th	10:10 - 10:50 a.m.	6/10 - 6/20	\$50	11715
M-Th	11:00 - 11:40 a.m.	6/10 - 6/20	\$50	11716
M-Th	6:10 - 6:50 p.m.	6/10 - 6/20	\$50	11729
M-Th	7:00 - 7:40 p.m.	6/10 - 6/20	\$50	11730
M-Th	7:50 - 8:30 p.m.	6/10 - 6/20	\$50	11731
M-Th	8:40 - 9:20 p.m.	6/10 - 6/20	\$50	11732
M-Th	8:30 - 9:10 a.m.	6/24 - 7/3	\$43	11717
M-Th	9:20 - 10:00 a.m.	6/24 - 7/3	\$43	11718
M-Th	10:10 - 10:50 a.m.	6/24 - 7/3	\$43	11719
M-Th	11:00 - 11:40 a.m.	6/24 - 7/3	\$43	11720
M-Th	6:10 - 6:50 p.m.	6/24 - 7/3	\$43	11733
M-Th	7:00 - 7:40 p.m.	6/24 - 7/3	\$43	11734
M-Th	7:50 - 8:30 p.m.	6/24 - 7/3	\$43	11735
M-Th	8:40 - 9:20 p.m.	6/24 - 7/3	\$43	11736
M-Th	8:30 - 9:10 a.m.	7/8 - 7/18	\$50	11721
M-Th	9:20 - 10:00 a.m.	7/8 - 7/18	\$50	11722
M-Th	10:10 - 10:50 a.m.	7/8 - 7/18	\$50	11723
M-Th	11:00 - 11:40 a.m.	7/8 - 7/18	\$50	11724
M-Th	6:10 - 6:50 p.m.	7/8 - 7/18	\$50	11737
M-Th	7:00 - 7:40 p.m.	7/8 - 7/18	\$50	11738
M-Th	7:50 - 8:30 p.m.	7/8 - 7/18	\$50	11739
M-Th	8:40 - 9:20 p.m.	7/8 - 7/18	\$50	11740
M-Th	8:30 - 9:10 a.m.	7/22 - 8/1	\$50	11725
M-Th	9:20 - 10:00 a.m.	7/22 - 8/1	\$50	11726
M-Th	10:10 - 10:50 a.m.	7/22 - 8/1	\$50	11727
M-Th	11:00 - 11:40 a.m.	7/22 - 8/1	\$50	11728
M-Th	6:10 - 6:50 p.m.	7/22 - 8/1	\$50	11741
M-Th	7:00 - 7:40 p.m.	7/22 - 8/1	\$50	11742
M-Th	7:50 - 8:30 p.m.	7/22 - 8/1	\$50	11743
M-Th	8:40 - 9:20 p.m.	7/22 - 8/1	\$50	11744



2019 Swim Team Parent Meeting

May 22 • 7:30 p.m. • Holford Recreation Center

Sharks

Age: 9 - 15

M-Th	8:30 - 9:10 a.m.	6/10 - 6/20	\$50	11679
M-Th	9:20 - 10:00 a.m.	6/10 - 6/20	\$50	11680
M-Th	10:10 - 10:50 a.m.	6/10 - 6/20	\$50	11681
M-Th	11:00 - 11:40 a.m.	6/10 - 6/20	\$50	11682
M-Th	6:10 - 6:50 p.m.	6/10 - 6/20	\$50	11707
M-Th	7:00 - 7:40 p.m.	6/10 - 6/20	\$50	11703
M-Th	7:50 - 8:30 p.m.	6/10 - 6/20	\$50	11699
M-Th	8:40 - 9:20 p.m.	6/10 - 6/20	\$50	11695
M-Th	8:30 - 9:10 a.m.	6/24 - 7/3	\$43	11683
M-Th	9:20 - 10:00 a.m.	6/24 - 7/3	\$43	11684
M-Th	10:10 - 10:50 a.m.	6/24 - 7/3	\$43	11685
M-Th	11:00 - 11:40 a.m.	6/24 - 7/3	\$43	11686
M-Th	6:10 - 6:50 p.m.	6/24 - 7/3	\$43	11708
M-Th	7:00 - 7:40 p.m.	6/24 - 7/3	\$43	11704
M-Th	7:50 - 8:30 p.m.	6/24 - 7/3	\$43	11700
M-Th	8:40 - 9:20 p.m.	6/24 - 7/3	\$43	11696
M-Th	8:30 - 9:10 a.m.	7/8 - 7/18	\$50	11687
M-Th	9:20 - 10:00 a.m.	7/8 - 7/18	\$50	11688
M-Th	10:10 - 10:50 a.m.	7/8 - 7/18	\$50	11689
M-Th	11:00 - 11:40 a.m.	7/8 - 7/18	\$50	11690
M-Th	6:10 - 6:50 p.m.	7/8 - 7/18	\$50	11709
M-Th	7:00 - 7:40 p.m.	7/8 - 7/18	\$50	11705
M-Th	7:50 - 8:30 p.m.	7/8 - 7/18	\$50	11701
M-Th	8:40 - 9:20 p.m.	7/8 - 7/18	\$50	11697
M-Th	8:30 - 9:10 a.m.	7/22 - 8/1	\$50	11691
M-Th	9:20 - 10:00 a.m.	7/22 - 8/1	\$50	11692
M-Th	10:10 - 10:50 a.m.	7/22 - 8/1	\$50	11693
M-Th	11:00 - 11:40 a.m.	7/22 - 8/1	\$50	11694
M-Th	6:10 - 6:50 p.m.	7/22 - 8/1	\$50	11710
M-Th	7:00 - 7:40 p.m.	7/22 - 8/1	\$50	11706
M-Th	7:50 - 8:30 p.m.	7/22 - 8/1	\$50	11702
M-Th	8:40 - 9:20 p.m.	7/22 - 8/1	\$50	11698

Adaptive

Call 972-205-2708 to register.

Age: 6 - 15

M-Th	5:30 - 6:00 p.m.	6/10 - 6/20	\$50	11661
M-Th	5:30 - 6:00 p.m.	7/8 - 7/18	\$50	11662

Adults

Age: 16 and up

M-Th	7:50 - 8:30 p.m.	6/10 - 6/20	\$50	11663
M-Th	8:40 - 9:20 p.m.	6/10 - 6/20	\$50	11667
M-Th	7:50 - 8:30 p.m.	6/24 - 7/3	\$43	11664
M-Th	8:40 - 9:20 p.m.	6/24 - 7/3	\$43	11668
M-Th	7:50 - 8:30 p.m.	7/8 - 7/18	\$50	11665
M-Th	8:40 - 9:20 p.m.	7/8 - 7/18	\$50	11669
M-Th	7:50 - 8:30 p.m.	7/22 - 8/1	\$50	11666
M-Th	8:40 - 9:20 p.m.	7/22 - 8/1	\$50	11670